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I Love You Rituals

I LOVE YOU RITUALS



Fun Activities for Parents and Children That:

- Boost brain potential
- Encourage cooperation and caring
 - Promote learning and literacy
- Increase attention and decrease power struggles
 - * Build bonds of unconditional love

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Synopsis

I Love You Rituals offers more than seventy delightful rhymes and games that send the message of unconditional love and enhance children's social, emotional, and school success. Winner of a 1999 Parent's Guide Children's Media Award, these positive nursery rhymes, interactive finger plays, soothing games, and physically active can be played with children from infancy through age eight. In only minutes a day, these powerful rituals: Prime a child's brain for learning Help children cope with change Enhance attention, cooperation, and self-esteem Help busy families stay close Affirm the parent-child bond that insulates children from violence, peer pressure, and drugs, and much more. Easy to learn and especially effective in stressful situations, I Love You Rituals gives parents, grandparents, caregivers, and teachers inspiring tools to help children thrive.

Book Information

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Relationships > Parenting

Customer Reviews

is something I hear just about every day. My six and three year old love - absolutely love - the finger plays and songs from this book. The negative, frightening themes from nursery rhymes are removed and replaced with loving positive words and images. There was an old woman who lived in a shoe becomes: There was a wonderful woman who lived in a shoe She had so many children she knew exactly what to do She fed them and hugged them and tucked them in bedI love you, I love you is what she said. that's just one short snip of a book chock full of ideas surrounding saying goodbye, reconnecting when picking up (after school, playdates, overnights etc). There are little rituals for birthdays, bedtimes, transitional times (think new baby). I just can't say enough positive things about

this book. When my kids are or I am in a funk and we're both being oppositional, this reconnects us. Connected people *want* to cooperate. Connected people *want* to be a part of the family. Connected people *want* to help. It just can turn things around for us in an instant.while this was the first Becky Baily item I bought, she's since become my favorite parenting author. I found _Easy to Love, Dificult to Discipline_ a bit of a bore to read (and I can usually slog through anything), so I bought all 11 of her CD's (her lectures on CD) from beckybailey.com They've been nothing short of incredible.oh, and I strongly disagree with the person who mentioned that 'it's too specific' and only for families who foster or adopt. I really can't imagine why it would only be for those situations. It would work for anyone: parent of bio children, adopted children, foster children....teachers and theirstudents.. ...grandparents.. ...babysitters. anyone who wants to help kids feel connected and loved.

I just purchased this book after having been recommended it by a leading expert on kids with attachment/severe trauma problems. It is wonderful, easy to read and makes much sense from a clinician's and parent's perspective. I recommend it to all with young children, it is full of nurturing and fun activities with full explanations and rationale. Certainly a must buy for any adoptive/foster parent to increase trust, attachment, and bonding. Kandice J.

I purchased this book after sitting in on one of my 3yr old daughter's preschool classes. The teacher was singing the book's version of Twinkle Twinkle Little star. I found it so refreshing. "Twinkle, twinkle little star. What a wonderful child you are. With bright eyes and nice round cheeks. Talented person from head to feet. Etc, etc." I wanted to see more. I like this book for all of my kids (1, 2 and 3yrs old). Some of the reviews talk about how this is only for kids who have experienced trauma. Where the book advises on that, it is not the focus. All of our kids have had totally "normal" experiences in life and still respond really well to the book. Who wouldn't? It simply gives ideas on ways to engage with your kids in a fun and loving way. I am addicted to the hearty giggles these nursery rhymes bring out in my kids.p.s. for what it is worth, I am a part-time pediatrician and this is a book I would recommend to families as a professional also.

Bought this book upon the recommendation of a friend who said it worked in her house with her four-year-old. I liked the beginning of the book and the general concept, but when we tried these methods on our kids, things didn't really change in our household. We tried the "1-2-3 Magic" book too. The beginning of both books are fairly similar (explaining that kids are not "little adults" and we

need to find a solution to the frustration and anger we are feeling), but our kids seem to be responding much better to the 1-2-3 methods. Plus, it has eliminated some of the "tantrums" we pull as adults. I have started incorporating some of the methods in this book (e.g. - my daughter and I have a wake-up ritual that is predictable to her and puts her in a good mood for getting dressed) - so it was helpful, just not the same "magic formula" my friend said had worked for her.

my husband and I just adopted a two and three years old boys. They have attachment disorders and we are working on bonding. This book is really helping us. It can be very hard some days, but I see the light at the end of the tunnel. I recommend this to everyone and will probably buy a dozen copies to hand out to parents.

I discovered Becky Bailey at the recommendation of a day care professional. I have found her strategies, philosophies, and tools have truly changed the way I parent for the better. Her methods purport to parent without guilt which is complete foreign to the way most of my generation was raised. It heals you from within and helps your children. Best of all, you have ways of handling mistakes and aren't expected to be perfect. This book is a handy bunch of connection activities that you can use in a classroom or with your children to reconnect after a day apart, to convey your feelings, and to communicate safety. I highly recommend it as a companion to "There's Got To Be a Better Way" or any of her other books.

I have found this book very helpul in my Title I setting pre-k classroom. So many children yearning for attention and this is a helpful tool for giving it. The book also reads very easily for those parents and teachers who do not need to wade through pages of theory. This gives helpful information and gets right to the point.

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